**Application to swim open water without a wetsuit.**

This form is to be used by Tri-Anglia members wishing to be exempted

from the Club’s Open Water Swimming Policy of wetsuits being mandatory.

The member should complete this form and bring it with them to the OWS session.

Any queries to OWS@tri-anglia.co.uk

Name of TA member wishing to swim in open water sessions without a wetsuit.
(please write clearly)

……………………………………………………………..……………………………………………

Reason to swim without a wetsuit:

…………………………………….……………………………………………………………………

Evidence to support being a strong enough swimmer to undertake wetsuit free OWS

…………………………………….……………………………………………………………………

Guidance from Beyond Swim, British Triathlon, Swim England, and the RLSS states that the use of a tow float for non-wetsuit swimming is strongly recommended. TA follows this recommendation. Please choose one of the following options (delete as appropriate):

I agree to use a tow float OR

I prefer to not use a tow float because

……………………………………………………………………………………………………………

By signing below the named member:

* Accepts the increased risk of open water swimming without a wetsuit and/or tow float. These include and are not limited to increased exposure to hypothermia, reduced buoyancy, reduced visibility to the rescue team (tow float) and increased exposure to dangers in the water.
* Agrees to check the safety of swimming without a wetsuit at each OWS session attended.
* Accepts that the choice of swimming without a wetsuit is their decision and theirs alone.
* Agrees to wear a different colour (bright green as of 2023) swim hat to the other wet suited swimmers.
* Acknowledges that this form once approved will be kept on record within the Club’s folder at Whitlingham Adventure

Signature of the member:………………………………… Date: …………………………